

ALLEGHENY COUNTY
DEPARTMENT OF HUMAN SERVICES
AREA AGENCY ON AGING
NUTRITION DEPARTMENT

NUTRITION, INC.

## HOME DELIVERED MEAL MENU MAY 2025

			May 1	May 2
			<b>Beef Stew</b> Peas Dinner Roll Warm Fruit Compote	Cheese Egg Bites Potatoes O'Brien Mini Biscuit Fresh Fruit
May 5	May 6	May 7	May 8	May 9
Pasta & Meatballs Italian Green Beans White Bread Raisins Little Debbie	Cabbage Roll Garlic Whipped Potatoes Carrots Dinner Roll Applesauce	Tuscan Chicken Breast Parsley Potatoes Green Beans White Bread Fresh Fruit Cookie	Roast Beef & Gravy Buttered Noodles Mixed Vegetables Wheat Bread Fresh Fruit	<b>Black Bean Chili</b> Green Beans Rice White Bread Fresh Fruit
May 12	May 13	May 14	May 15	May 16
Crab Cake Mac & Cheese Stewed Tomatoes Broccoli & Cauliflower Fruit Gel Cup	Bonnie's Chicken & Rice w/peas & mushrooms Broccoli Warm Pears Wheat Bread	Italian Sausage * w/ Hot Dog Roll Pepper Tomato Onion Cauliflower Oatmeal Crème Pie	<b>Beef Marsala</b> French Onion Rice Green Beans Fresh Fruit	Vegetable Lasagna Spinach Wheat Dinner Roll Warm Peaches
May 19	May 20	<b>May 21</b>	May 22	May 23
Chicken Parm Home Fries Peppers Onions & Tomatoes Dinner Roll Gelatin	Mushroom Swiss Burger w/ Bun Carrots Seasoned Potatoes Tropical Fruit Cup	Pepper Steak w/Gravy Buttered Spaetzle Broccoli Fresh Fruit	Ham BBQ * Hamburger Bun Potato Bean Soup Mandarin Oranges	Stuffed Shells Broccoli Dinner Roll Warm Peach Crisp Little Debbie
<b>May 26</b>	May 27	May 28	May 29	May 30
Turkey w/Stuffing & Gravy Whipped D As Memorial Day Centers Closed	Sesame Chicken Brown Rice Broccoli Craisins	Cheeseburger Hamburger Roll Broccoli Soup Craisins	Chicken & Dumpling Brussels Sprouts Cinnamon Peaches	<b>Eggplant Parm</b> Pasta Fagioli White Bread Fresh Fruit



All meals include milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.