

Steel Valley Senior
Community Resource Center
Monday Through Friday
9:30am to 2:00pm
530 Miller Ave
Clairton, PA 15025
412-233-4847



CRAFT DAY
THERE WILL BE
ST. PATRICK'S DAY
CLOVER LEAF
WITH KAREN
ON THURSDAY 3/6/25
COST: \$5
PLEASE SEE SIGN UP
LIST AND PAY YOUR FEE
IF INTERESTED



March International Women's Day

Community Life Rep

Chelsey Sennett

Will be here on Tuesday 4, 2025

10:00am-1:30pm

Perk Day

THURSDAY 3/20/25

PIZZA DAY

MUST HAVE PERKS CARD
without a perks card \$1.00
Must be signed up by
FRIDAY **3/14/2024**

OUT TO LUNCH BUNCH

Fortune Star Asian

Buffet & Grill

591 Clairton Blvd,

Pleasant Hills, PA 15236

2/18/24

DAILY LUNCH

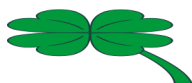
Served Promptly at 11:30am

DONATIONS ACCEPTED

Sign Up 2 days in Advance
1 Week at a Time

ST PATRICKS DAY
MONDAY 3/17/25
WE WILL BE Having
SPECIAL SNACKS AND
TREAT BAGS

Feel FREE TO SHARE IN
FUN WITH TOPICS ABOUT
ST PATRICKS DAY AND
KARAOKE WITH THE
CENTER



DAILY EXERCISE



10 AM

w/ Doug & Video

RIVERS CASINO TRIP WEDNESDAY 3/5/25



5 CENT or NICKEL



NICKEL POKENO

Game Starts

12:30pm TO 1:30pm

2 Door Prizes, Share the Cash and More!!

What are the rules of the game Po-Ke-No?

Pokeno may be played similarly to keno. Each player except the dealer or "banker" is given a board and may bet on any figure that automatically covers one row and one column. The banker turns over playing cards and the players cover only

Food Bank & Senior Food Boxes

SENIOR BOXES

March 13th

April 10th

May 8th

**Welcome To
Lifespan
Steel Valley
Senior Center**

DRIVE THRU

MARCH 18th

APRIL 15th

MAY 20th

THE RED DOOR

INDOOR SHOP THRU FOOD PANTRY

1ST MONDAY & TUESDAY OF THE MONTH

| MARCH 3rd&4th | APRIL 1st &7th | MAY 5th&6th

RESERVATION IS REQUIRED

Please call if you can't keep the appointment.

Nutrition/Education

TOPIC TO BE
ANNOUNCED

**REFRESHMENTS
AVAILABLE**

COFFEE *bottomless* \$1.00
BOTTLED WATER \$1.00
POP \$1.00
CHIPS \$.75
OTHER SNACKS: \$1.00

*Please keep coffee & drink cups
during your stay to minimize waste.*



- **HEALTH SCREENINGS WITH HEALTH BINGO**
- **HEALTH EDUCATION**

Tuesday 10:30am - 1:30pm

March 18, 2025

Health Education

Bingo

Initiative A-1C

COME OUT AND JOIN US AT

LIFESPAN STEEL VALLEY SENIOR RESOURCE CENTER

530 MILLER AVENUE, CLAIRTON PA 15025

412-233-4847



Choose Health

Be Healthy For Life

Weekly Activities

Monday 12:00pm Instructional Pool W/ Tyrone

1:00pm Wii Bowling /Movie 12pm-1:45pm

Tuesday Memory Trivia Challenges

12:00pm - Card Club

Wednesday 12:30pm - Penny Pokeno

Karaoke 1:30pm /

BINGO COMING SOON!!! Plans are being made for 3/26/25 @ 12:15pm-1:50pm

Thursday 12:00pm - Card Club

Friday 12:00pm - Card Club/ Current Event/ WOMENS INTERNATIONAL DAY

12:30pm - Nickel Pokeno/ CRAFT/ 3/14/25 DECORATE and BAKE COOKIES

NEW SPEAKER: Community Life/ Chelsy 3/4/25 10:00am

Tai Chi / Open House Speaker & (date to be announced)



MEMO: **EVERYONE MUST SIGN ON ENTERING THE CENTER
NO SOLICITING OR PANHANDLING!!!! PLEASE CLEAN-UP BEHIND
YOURSELF
Management