

Resources and Services for Older Adults

There is a \$5.00 Fee for a Ticket Christmas Meal/Party Beef Lasagna Side Salad Dessert Friday 12/18/24 See Agnes Or Jozie



The new initiative is The Cholesterol Clinic

Tuesday 12/10/24 10:00 am - 1:30 pm By appointment Walk-Ins Are Welcome

WE WILL BE SELLING BEEF HOT DOGS FOR

\$2.00 IN

DECEMBER

**THURSDAY** 

12/5/24

12/12/24

12/17/24

See AGNES Or JOZIE to Place Order

### Steel Valley Senior

#### Community Resource Center

Monday Through Friday

#### 9:00am to 2:00pm

530 Miller Ave Clairton, PA 15025

412-233-4847





#### **NEWSFLASH!!!!!!!!**

Click the Link for the Full Newsletter!! The center will be closed **FOR THE Christmas Holiday** 12/24th and 25th. New Years Eve on the 31st and Jan 1, 2025 **Have A Safe and Happy** 

**Holiday Season !!!** 

Care Management Speaker Topic Session at 9am. December 9,2024





## Perk Day

Friday 12/27/24

Free Soft Pretzel w Chz

**MUST HAVE PERKS CARD** Must be signed up by 12/18/2024



OUT TO LUNCH BUNCH Fortune Star Asian Buffet & Grill 591 Clairton Blvd, Pleasant Hills, PA 15236

#### DAILY LUNCH

Served Promptly at 11:30

**DONATIONS ACCEPTED** 

Sign Up 2 days in Advance 1 Week at a Time

#### DAILY EXERCISE



## **CASINO TRIP DATE TBA**



#### 5 CENT or NICKEL



### **NICKEL POKENO**

**Game Starts** 

12:30 TO 1:30

2 Door Prizes, Share the Cash and More!!

What are the rules of the game Po-Ke-No?

Pokeno may be played similarly to keno. Each player except the dealer or "banker" is given a board and may bet on any figure that automatically covers one row and one column. The banker turns over playing cards and the players cover only

## **Food Bank & Senior Food Boxes**

SENIOR BOXES

DEC 12th

JAN 9th

Welcome To Steel Valley Lifespan Senior Center DRIVE THRU
DEC 17th
JAN 21st

# INDOOR SHOP THRU FOOD PANTRY

1<sup>ST</sup> MONDAY & TUESDAY OF THE MONTH DEC 2nd & 3rd | JAN 6th&7th

RESERVATION IS REQUIRED

Please call if you can't keep the appointment.

## **TIS THE SEASON**



## REFRESHMENTS AVAILABLE

COFFEE bottomless \$1.00

**BOTTLED WATER \$1.00** 

POP \$1.00

CHIPS \$ .75

OTHER SNACKS: \$1.00

Please keep coffee & drink cups during your stay to minimize waste.



## . HEALTH SCREENINGS WITH HEALTH BINGO

## . HEALTH EDUCATION

**Tuesday** 10:30 AM - 1:30 PM

December 10, 2024 Health Education

**Initiative Cholesterol Clinic** 

COME OUT AND JOIN US AT STEEL VALLEY

LIFESPAN SENIOR RESOURCE CENTER

530 MILLER AVENUE, CLAIRTON PA 15025

412-233-4847



# Weekly Activities

**Monday** 12:00 PM Instructional Pool 1:00 Wii Bowling

12/11/24 CRAFT w/Jean

**Tuesday** Memory Trivia Challenges

12:00 PM - Card Club

**Wednesday** 12:30 PM - Penny Pokeno

Karaoke 1:30pm

**BINGO COMING SOON!!!** 

**Thursday** 12:00 PM - Card Club

Friday 12:00 PM - Card Club

12:30 PM - Nickel Pokeno

#### **NEW SPEAKERS:**

TO BE ANNOUNCED



MEMO: \*\*EVERYONE MUST SIGN IN UPON ENTERING THE CENTER

NO SOLICITING OR PANHANDLING!!!!!

Management



