



SEPTEMBER


Chartiers Resource Center

300 Lincoln Avenue:

Carnegie, PA 15106

Regional Manager: Claudette Biers

Lunch: Served Daily at 11:30 AM

Hours of Operation:

Monday-Friday 8am to 4pm

Phone Number: 412 276-5056

Web Site: www.lifespanpa.org

SEPTEMBER EVENTS

Sept. 2nd Closed Labor Day

Sept. 10th - Labor Day Loot - Super Bingo

Sept. 11th - Red Hats Start Up Meeting

Sept. 13th - CCAC Arts & Crafts

w/JoAnn

Sept. 16th - CCAC Healthy Cooking

w/Chef Sam

Sept. 17th - Dr. Hess - Podiatrist

Sept. 20th - Mahjong Start Up Meeting

MORE DETAILS INSIDE

Lunch at 11:30, Super Bingo at 12:30

Sign up in Imperial or Chartiers

Call Claudette 412-276-5056 or

Carole 724-218-1669

MONDAYS

8am - 4pm FITNESS CENTER

10-11:30 LINE DANCING

12pm EUCHRE w/Pat Turney

12:30pm ON THE MOVE

1:30pm Cardio Drumming

CCAC Presents HEALTHY COOKING

W/CHEF SAM

September 16TH 2PM—4PM

On The Move Sept. 9th—12:30 PM

(This will be your last Monday

Class for this session of OTM.)

TUESDAYS

8am - 4pm FITNESS CENTER OPEN

12:15pm BINGO (Same as Fridays)

SPECIAL TUESDAYS

Sept. 10th LABOR DAY LOOT

Checkin 10am - Lunch 11am Bingo 12pm
(Must sign up and pay in advance)

Sept. 10th Blood Pressure Check

w/ Gateway 10 to 11 am

Sept. 17th Dr. Hess - Podiatrist

9:45 am First Come First Serve

WEDNESDAYS

8am-4pm FITNESS CTR OPEN

9:30am ART CLASS

w/Ann McCartney

9:30am BRIDGE

12pm GAMES

Sept. 4th Advisory Committee Meeting 10am

Speak up and let your voice be heard!

Sept. 4th Book Club— 10:30 am

Mind Games by Nora Roberts

Next book: Friction by Sandra Brown

Sept. 4th & 18th Hand & Foot 12pm

Must sign up with Marilyn to be a regular

(beginners are welcome)

Sept. 11th & 25th 500 Bid w/Pat

Sept. 11th - RED HATS START UP MEETING

2PM—4PM SEE NEXT PAGE FOR MORE INFO

THURSDAYS

8am-4pm FITNESS

CENTER OPEN

9:30am ART CLASS w/Ann McCartney

**10am LINE DANCING
w/Claudette**

12pm Games//Farkle

12:30pm On The Move w/Claudette

1:30pm Cardio Drumming

2:30pm TOPS Meeting

Return of the Chartiers Red Hat Society. Join us for the start up meeting on September 11th at 2pm. Each month, all dressed up in our royal Red & Purple colors & Red or Purple hats, we will enjoy lunch or tea parties at different restaurants. Enjoy and have fun with all of the attention we will draw at these different restaurants in Allegheny County. We are not a chapter, just our own Chartiers Center Ladies. No dues will be collected. Anyone wanting to hear more about us please join us for the initial meeting on September 11th at 2pm. All Past & Future Red Hats are WELCOME! Queens Rose Bogats & Pat Martin

FRIDAYS

8am-4pm FITNESS CENTER OPEN

12:15pm BINGO

Beginning in September all bingos (Tuesday & Friday)

will have the same payouts

Payouts are as follows if we have at least 25 people:

Regular Games \$20

Special Games \$30

Coverall Game \$50

Sept. 13th 9am CCAC Arts & Crafts w/JoAnn

Sept. 13th 10:30am Double Pinochle w/M.L. Gruda

Sept. 20th 12pm Mahjong - Start up Meeting

Sept. 27th 10:30am 500 Bid w/N. Kinavey