



HOME DELIVERED MEAL MENU - July 2024

Nutrition, Inc.

July 1	July 2	July 3	July 4	July 5
Battered Fish Red Beans & Rice Collard Greens White Bread Fruit Cup	Beef Stroganoff Egg Noodles Broccoli White Bread Warm Pears	Swedish Meatballs Sweet Potato Casserole w/Cranberries Buttered Noodles Wheat Bread Mixed Fruit	Chicken Marsala Brussels Sprouts Wheat Bread Warm Cinnamon Peaches Cookie	Veggie Pizza Casserole Broccoli Dinner Roll Warm Peaches
July 8	July 9	July 10	July 11	July 12
Hot Dog w/Roll Garlic & Herb Baby Bakers Lima Beans Wheat Bread Mixed Fruit	Chicken Filet w/Wheat Bun Broccoli Warm Cinnamon Apples	Egg Omelet w/Peppers & Onions Potatoes O'Brien Mini Biscuit Fresh Fruit	Beef Stew Peas Dinner Roll Warm Fruit Compote	Chicken Piccata Gourmet Potatoes Peas Wheat Bread Fresh Apple
July 15	July 16	July 17	July 18	July 19
Pasta & Meatballs Italian Green Beans White Bread Raisins	Homemade Cabbage Roll Garlic Whipped Potatoes Carrots Dinner Roll Applesauce	Tuscan Chicken Breast Parsley Potatoes Green Beans White Bread Fresh Fruit Cookie	Roast Beef w/Gravy Buttered Noodles Mixed Vegetables Wheat Bread Fresh Fruit	Stuffed Pasta Broccoli Dinner Roll Warm Peach Crisp
July 22	July 23	July 24	July 25	July 26
Orange Chicken Brown Rice Stir Fry Vegetables Wheat Bread Fruit Gel Cup	Italian Sausage w/Hot Dog Roll & Pepper/Tomato/Onion Spinach Oatmeal Crème Pie	Bonnie's Chicken & Rice w/Peas & Mushrooms Broccoli Wheat Bread Warm Pears	Beef Marsala Whipped Potatoes Green Beans White Bread Fresh Fruit	Vegetable Lasagna Italian Green Beans Wheat Dinner Roll Warm Peaches
July 29	July 30	July 31		
Chicken Parm Sandwich w/Hamburger Bun & Pepper/Tomato/Onion Home Fries Gelatin	Mushroom Swiss Burger w/Hamburger Bun Seasoned Potatoes Carrots Tropical Fruit Cup	Pepper Steak w/Gravy Buttered Spaetzle Broccoli Fresh Fruit		

All meals include a choice of milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.